

Moving Minds Filmmaking Project – further information and eligibility criteria

FURTHER INFORMATION:

The Moving Minds Filmmaking Project offers 200 young people (aged 11-19) the exciting opportunity to work in small groups with a professional filmmaker to devise and create their own short film. The project's focus is about exploring and promoting mental wellbeing through filmmaking. It's also a great opportunity for you and the young people you work with to learn filmmaking and storytelling skills, and for them to improve confidence, communication and teamworking skills.

Celebratory screenings will be held at the end of the project and some of the films will be included in an educational resource for teachers and educators to start conversations about mental health. The films may also be eligible for Into Film competitions including Film of the Month and the 2019 Into Film Awards.

Given that the wider aim of the project is about creating an open and supportive culture around mental health, the young people will be encouraged to explore this theme in their films. However, if this wouldn't be beneficial an alternative theme will be worked with.

There's no charge for taking part in the project.

Aims for participating groups:

Young people:

- to develop filmmaking and storytelling skills to make their own short film
- to improve confidence, communication and teamworking skills

Teachers/educators/group convenors:

- to develop skills and confidence in using filmmaking to explore important issues with young people

Wider aim:

- to support an open and positive discussion about young people and mental health through sharing youth made shorts in an educational resource

ELIGIBILITY CRITERIA:

To take part you will need to:

- recruit a group of 10-15 young people aged 11-19 who've either faced their own mental health challenges or who have an interest in or some knowledge of the mental health challenges faced by young people. The group could be an existing Into Film Club or a specially assembled group. Given that the wider aim of the project is about creating an open and supportive culture around mental health, the young people will be encouraged to explore this theme in their films. However, if this wouldn't be beneficial an alternative theme will be worked with.
- commit yourself and the group to taking part in a c20 hour filmmaking project between June and November 2018. Sessions can be organised to fit with your schedule - e.g. 2hrs/week for 10 weeks or more intensively over one week or

several weekends. We can also accommodate summer holiday projects and cover travel costs for participants. Sessions will need to be at least 2 hours in length.

- attend a project introduction and professional development session (c2 hours long) with at least one colleague that is tailored to this project and which will support the development of your skills and confidence for using filmmaking in your work. This will also be a chance for you to discuss with the filmmakers who'll be running your project the needs and abilities of your young people.
- arrange for an appropriate number of adults with the necessary skills to provide adequate emotional support for the young people during the project. If this might be difficult, please note this in your expression of interest and Into Film will try to assist.

To register interest please complete the short survey at the link below. by 9am on Thursday 28th June <https://www.surveymonkey.co.uk/r/J5LMWFW>

To find out more, especially if you have questions about the eligibility criteria, please contact Beth Crosland at Into Film on info@intofilm.org

The survey should take about half an hour to complete and includes the following questions:

- explain why you and your group would like to take part providing brief details of the young people you envisage recruiting and how you think this project will benefit them
- provide brief details about the venue the project is likely to take place in. If finding a venue might be a problem, please note this and Into Film will try to assist
- provide details about any filmmaking equipment you have – not having equipment will not preclude you from taking part
- indicate roughly when you'd like to take part and whether sessions are likely to be weekly or more intensive
- confirm you have permission from your head teacher/senior management to register for the project
- indicate whether you have any specific requirements for securing consent for the young people you work with to appear in a film which may then be shared as part of an educational resource on mental wellbeing. It's not a requirement of the project that the young people are filmed. The whole group could for example make an animation without being featured or specific individuals could be part of the 'behind the camera' film crew.



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